



## Female Sexual Function Index (FSFI) Questionnaire

The FSFI was created as a mean to evaluate sexual functioning in women and comprises of 19 questions with different answer choice scales, all inviting the subject to refer to the context of their sexual life in the previous 4 weeks.

Please circle your answers to the questions below:

### 1. Over the past 4 weeks, how often did you feel sexual desire or interest?

- Almost always or always (+5 points)
- Most times (more than half the time) (+4 points)
- Sometimes (about half the time) (+3 points)
- A few times (less than half the time) (+2 points)
- Almost never or never (+1 point)

### 2. Over the past 4 weeks, how would you rate your level (degree) of sexual desire or interest?

- Very high (+5 points)
- High (+4 points)
- Moderate (+3 points)
- Low (+2 points)
- Very low or none at all (+1 point)

### 3. Over the past 4 weeks, how often did you feel sexually aroused ("turned on") during sexual activity or intercourse?

- No sexual activity (0 points)
- Almost always or always (+5 points)
- Most times (more than half the time) (+4 points)
- Sometimes (about half the time) (+3 points)
- A few times (less than half the time) (+2 points)
- Almost never or never (+1 point)

### 4. Over the past 4 weeks, how would you rate your level of sexual arousal ("turn on") during sexual activity or intercourse?

- No sexual activity (0 points)
- Very high (+5 points)
- High (+4 points)
- Moderate (+3 points)
- Low (+2 points)
- Very low or none at all (+1 point)

**5. Over the past 4 weeks, how confident were you about becoming sexually aroused during sexual activity or intercourse?**

- No sexual activity (0 points)
- Very high confidence (+5 points)
- High confidence (+4 points)
- Moderate confidence (+3 points)
- Low confidence (+2 points)
- Very low or no confidence (+1 point)

**6. Over the past 4 weeks, how often have you been satisfied with your arousal (excitement) during sexual activity or intercourse?**

- No sexual activity (0 points)
- Almost always or always (+5 points)
- Most times (more than half the time) (+4 points)
- Sometimes (about half the time) (+3 points)
- A few times (less than half the time) (+2 points)
- Almost never or never (+1 point)

**7. Over the past 4 weeks, how often did you become lubricated ("wet") during sexual activity or intercourse?**

- No sexual activity (0 points)
- Almost always or always (+5 points)
- Most times (more than half the time) (+4 points)
- Sometimes (about half the time) (+3 points)
- A few times (less than half the time) (+2 points)
- Almost never or never (+1 point)

**8. Over the past 4 weeks, how difficult was it to become lubricated ("wet") during sexual activity or intercourse?**

- No sexual activity (0 points)
- Extremely difficult or impossible (+1 point)
- Very difficult (+2 points)
- Difficult (+3 points)
- Slightly difficult (+4 points)
- Not difficult (+5 points)

**9. Over the past 4 weeks, how often did you maintain your lubrication ("wetness") until completion of sexual activity or intercourse?**

- No sexual activity (0 points)
- Almost always or always (+5 points)
- Most times (more than half the time) (+4 points)
- Sometimes (about half the time) (+3 points)
- A few times (less than half the time) (+2 points)
- Almost never or never (+1 point)

**10. Over the past 4 weeks, how difficult was it to maintain your lubrication ("wetness") until completion of sexual activity or intercourse?**

- No sexual activity (0 points)
- Extremely difficult or impossible (+1 point)
- Very difficult (+2 points)
- Difficult (+3 points)
- Slightly difficult (+4 points)
- Not difficult (+5 points)

**11. Over the past 4 weeks, when you had sexual stimulation or intercourse, how often did you reach orgasm (climax)?**

- No sexual activity (0 points)
- Almost always or always (+5 points)
- Most times (more than half the time) (+4 points)
- Sometimes (about half the time) (+3 points)
- A few times (less than half the time) (+2 points)
- Almost never or never (+1 point)

**12. Over the past 4 weeks, when you had sexual stimulation or intercourse, how difficult was it for you to reach orgasm (climax)?**

- No sexual activity (0 points)
- Extremely difficult or impossible (+1 point)
- Very difficult (+2 points)
- Difficult (+3 points)
- Slightly difficult (+4 points)
- Not difficult (+5 points)

**13. Over the past 4 weeks, how satisfied were you with your ability to reach orgasm (climax) during sexual activity or intercourse?**

- No sexual activity (0 points)
- Very satisfied (+5 points)
- Moderately satisfied (+4 points)
- About equally satisfied and dissatisfied (+3 points)
- Moderately dissatisfied (+2 points)
- Very dissatisfied (+1 point)

**14. Over the past 4 weeks, how satisfied have you been with the amount of emotional closeness during sexual activity between you and your partner?**

- No sexual activity (0 points)
- Very satisfied (+5 points)
- Moderately satisfied (+4 points)
- About equally satisfied and dissatisfied (+3 points)
- Moderately dissatisfied (+2 points)
- Very dissatisfied (+1 point)

**15. Over the past 4 weeks, how satisfied have you been with your sexual relationship with your partner?**

Very satisfied (+5 points)

Moderately satisfied (+4 points)

About equally satisfied and dissatisfied (+3 points)

Moderately dissatisfied (+2 points)

Very dissatisfied (+1 point)

**16. Over the past 4 weeks, how satisfied have you been with your overall sexual life?**

Very satisfied (+5 points)

Moderately satisfied (+4 points)

About equally satisfied and dissatisfied (+3 points)

Moderately dissatisfied (+2 points)

Very dissatisfied (+1 point)

**17. Over the past 4 weeks, how often did you experience discomfort or pain during vaginal penetration?**

Did not attempt intercourse (0 points)

Almost always or always (+1 point)

Most times (more than half the time) (+2 points)

Sometimes (about half the time) (+3 points)

A few times (less than half the time) (+4 points)

Almost never or never (+5 points)

**18. Over the past 4 weeks, how often did you experience discomfort or pain following vaginal penetration?**

Did not attempt intercourse (0 points)

Almost always or always (+1 point)

Most times (more than half the time) (+2 points)

Sometimes (about half the time) (+3 points)

A few times (less than half the time) (+4 points)

Almost never or never (+5 points)

**19. Over the past 4 weeks, how would you rate your level (degree) of discomfort or pain during or following vaginal penetration?**

Did not attempt intercourse (0 points)

Very high (+1 point)

High (+2 points)

Moderate (+3 points)

Low (+4 points)

Very low or none at all (+5 points)

This table introduces the six domains of the FSFI, their description and corresponding questions:

FSFI domain	Description	Items in FSFI
Desire	Wish to engage in a sexual experience, receptivity towards sexual initiation.	1, 2
Arousal	Levels and types of arousal, signs of attention or excitement.	3, 4, 5, 6
Lubrication	Presence, quantity or absence of vaginal lubrication during sexual excitement.	7, 8, 9, 10
Orgasm	Ability to attain orgasms.	11, 12, 13
Satisfaction	Level of contentment with actual sexual life.	14, 15, 16
Pain	Sensation of discomfort during intercourse.	17, 18, 19

It is important to note that the FSFI is not meant to substitute diagnostic tools and is not advised to be used for collection of sexual history.

### FSFI score interpretation

The answer choices in the FSFI carry a number of points and are summed to obtain six domain scores and an overall score.

For the latter, there is a threshold at 26.55 which means that all values below are classed as indicating female sexual dysfunction (FSD).

The domain scores are obtained as the sum of points attributed to questions in that domain multiplied by the domain factor.

The following table describes the six domains, their corresponding questions and possible score range, as well as the domain factor.

Domain	Items	Score range	Factor	Min score	Max score
Desire	1, 2	1 - 5	0.6	1.2	6
Arousal	3, 4, 5, 6	0 - 5	0.3	0	6
Lubrication	7, 8, 9, 10	0 - 5	0.3	0	6
Orgasm	11, 12, 13	0 - 5	0.4	0	6
Satisfaction	14, 15, 16	0/1 - 5	0.4	0.8	6
Pain	17, 18, 19	0 - 5	0.4	0	6
Scale range				2	36