

SHIM (Sexual Health Inventory for Men)

This questionnaire can help you and your doctor determine if you have symptoms of erectile dysfunction (ED). For each question, circle the number next to the response that best describes your experience. Then add these numbers together and refer to the table below to see what your score may mean. Remember, only your doctor can determine if you have ED.

How would you rate your confidence that you can get and keep an erection?

1=very low 2=low 3=moderate 4=high 5=very high

When you have erections with sexual stimulation, how often are your erections hard enough for penetration?

1=never 2=a few times 3=sometimes 4=most times 5=always

During sexual intercourse, how often were you able to maintain your erection after you had penetrated your partner?

1=never 2=a few times 3=sometimes 4=most times 5=always

During sexual intercourse, how difficult is it to maintain your erection to completion of intercourse?

1=extremely difficult 2=very difficult 3=difficult 4=slightly difficult 5=not difficult

When you attempt sexual intercourse, how often is it satisfactory for you?

1=never 2=a few times 3=sometimes 4=most times 5=always

For office use only

Results:

Erection hardness score: _____

SHIM total score: _____

1-7 Severe ED 8-11 Moderate ED 12-16 Mild moderate ED 17-21 Mild ED 22-25 No ED

Follow-up date: _____

Provider signature: _____